

## *Business Light Lunch Menu 1*

### AT THE BAR

**Orange** juice

**Soft drinks** regular & light  
(Coca cola, Coca cola light, Fanta, Sprite)

Mineral **Water**

### AT THE BUFFET (total 10 kinds)

Mini "**Italian**" **salad skewers** with cherry tomatoes, mozzarella,  
virgin olive oil and basil pesto (v)

"**Green salad**" with mixed salad leaves & balsamic - honey sauce (v)

**Fluffy brioche** filled with **tuna salad** and lettuce (v)

**Tortilla wrap** with **chicken salad** and lola leaves

Mini handmade **pies** selection with 3 different fillings

✦ Mini cheese pies filled with cheese mousse (v)

✦ Traditional spinach pies (v)

✦ With sausage

### DESSERTS (3 kinds)

Selection of **sweets** in shots

✦ Chocolate mousse

✦ Oreo cookies mousse

✦ Vanilla – strawberry mousse



## *Business Light Lunch 2*

### AT THE BAR

**Orange** juice

**Soft drinks** regular & light  
(Coca cola, Coca cola light, Fanta, Sprite)

Mineral **Water**

### AT THE BUFFET (total 13 kinds)

#### SALADS (2 kinds)

**“Greek salad”** with tomato, cucumber, green bell pepper, onion and olives (V)

**“Caesar’s salad”** with variety of vegetables, parmesan flakes, croutons, chicken fillets & classic Caesar’s dressing

#### COLD SELECTIONS (3 kinds)

**Tortilla rolls** with a collection of cheeses and fine cold cuts

**Mini sandwiches** with vegetables and basil pesto (v)

**Spring rolls** with vegetables (v)



#### HOT SELECTIONS (5 kinds)

**Handmade pizza** with tomato, cold cuts and cheese

**Chicken fillets** with BBQ sauce

**Pork fillet steaks** with honey, soya sauce and orange

Roasted **potatoes** with olive oil and fresh thyme (v)

All our meats are served with grilled **pita bread** (v)

#### DESSERTS (3 kinds)

Selection of **sweets** in shots

✦ Chocolate mousse

✦ Oreo cookies mousse

✦ Vanilla – strawberry mousse



## *Business Light Lunch 3*

### AT THE BAR

**Orange** juice

**Soft drinks** regular & light  
(Coca cola, Coca cola light, Fanta, Sprite)

Mineral **Water**

### AT THE BUFFET (total 18 kinds)

#### SALADS (3 kinds)

**"Pasta salad"** with cubes of grilled vegetables marinated in basil infused olive oil (v)

**"Arugula – Parmezan"** with arugula, parmesan flakes, sun dried tomatoes & balsamic sauce (v)

**Cretan rusks** with fresh tomato, traditional Cretan cheese "xinomizithra" & oregano (v)

#### CHEESE PLATTER (4 kinds)

A variety of cheese, Greek and imported  
Accompanied by seasonal fresh fruits, freshly baked breadsticks and mini rusks

#### HOT SELECTIONS (7 kinds)

**Beef** grilled **burgers** stuffed with cheese

**Chicken fillets** with mushroom sauce

**Pork skewers** with teriyaki sauce, honey and sesame

All our meats are served with grilled **pita bread** (v)

**Crepés** with homemade dough stuffed with cheese and cold cuts

Roasted baby **potatoes** with olive oil and fresh thyme (v)

**Rise** with butter & vegetables or **Vegetable** spring rolls (v)

#### DESSERTS (4 kinds)

##### **Seasonal fruits**

Selection of **sweets** in shots

✦ Chocolate mousse

✦ Oreo cookies mousse

✦ Vanilla – strawberry mousse



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CREATIVE CATERING

## *Business Light Lunch 4*

### AT THE BAR

**Orange juice**

**Soft drinks** regular & light  
(Coca cola, Coca cola light, Fanta, Sprite)

Mineral **Water**

### AT THE BUFFET (total 18 kinds)

#### SALADS (3 kinds)

**"Green salad"** with mixed salad leaves, cherry tomatoes, roasted pine nuts, sticks of dried fruits, "graviera" cheese flakes & balsamico - honey sauce (v)

**"Kinoa salad"** with fresh herbs, tomato, colorful bell peppers, avocado, parsley & honey-mustard dressing (v)

**"Greek salad"** with tomato, cucumber, green bell pepper, onion, olives & feta cheese (v)

#### CHEESE PLATTER (4 kinds)

A variety of cheese, Greek and imported  
Accompanied by seasonal fresh fruits, freshly baked breadsticks and mini rusks

#### HOT SELECTIONS (8 kinds)

**Beef fillets** with red wine sauce

**Chicken skewer** with bell peppers

Accompanied with **potatoes** with olive oil and fresh thyme (v)

Fluffy **turkey mini burgers** with fresh herbs

**Mini kebab** with parsley, tomato slices and yogurt dip

**Pasta** ala crème with cheese and bacon

**Mushrooms** stuffed with Cretan graviera cheese (v)

**Rise** Primavera with parmesan velouté (v)

#### DESSERTS (4 kinds)

##### **Seasonal fruits**

Selection of **sweets** in shots

✿ Chocolate mousse

✿ Oreo cookies mousse

✿ Vanilla – strawberry mousse

